

L'Intuitif

Parfum Solide

This formula was given to me during meditation as a means to help enhance awareness and intuition. I then researched the oils to back up what I received “Intuitively”. There are some fabulous oils in this formulation and the combination of aromas is incredible!

The Absolutes and Essential Oils

Pink Lotus Absolute, White Lotus Absolute

The Lotus, an exquisite aroma used in Ayurveda practice, is sacred to the Hindus because of its ability to call the mind into stillness, clarity, and devotion. The Lotus has long been considered medicine for the soul and a symbol of enlightenment. The Buddha is often pictured sitting on a lotus flower. It has been used in the finest sacred aromas and anointing oils.

The White Lotus, is revered as sacred by the Indian, Tibetan, Chinese and Egyptian cultures and is native to India, Tibet and other warm parts of Asia, and to Australia. Pink Lotus was originally brought from Persia to Egypt in ancient times.

Frankincense & Myrrh

Frankincense and Myrrh are often spoken of hand in hand, inseparable in their history. In terms of energy Frankincense is considered yang or male energy, and Myrrh yin or female energy. Frankincense and Myrrh were components of the holy incense burned in Jerusalem’s sacred temples during ancient times. The ancient Greeks and Romans also imported massive amounts of the resins and used them medicinally and spiritually.

Myrrh – fortifies the mind and psychic centers, stimulates the third eye and crown chakras

It has a calming influence for troubled minds, and was thought to drive out insanity by the Egyptians. They also used it to help themselves escape death and embrace eternal life with the Gods. Its many medicinal qualities were recognized through the ages by Greeks, Romans, Middle Easterners and in the ancient Jewish traditions of the old testament.

Frankincense —Frankincense – fortifies the mind and psychic centers, stimulates the third eye and crown chakras

It is well known for its sacred uses and its ability to create a deep tranquility in the mind. It relieves depression and slows ones breathing. It is a very valuable meditation aid. It is also known to be valuable in skincare and respiratory formulas.

Fir wildcrafted

Fir – helps cleanse toxins.... Revitalizes the mind, refreshes the soul, opens the lungs. Relieves emotional stress.

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The Absolutes and Essential Oils continued

Ylang Ylang Extra

Ylang ylang – aphrodisiac, calms the heart, antidepressant and euphoric, stimulates the 2nd chakra, releases anger, fear, frustration

Ylang Ylang essential oil contains esters that have a strong antispasmodic effect on the heart. It is used in cases of high blood pressure, heart palpitations, rapid heartbeat, and as a sedative. It is also utilized for depression, insomnia, stress-related disorders, anxiety, and fear of intimacy. The intoxicatingly powerful aroma of Ylang Ylang is well known to ease the mind.

Himalayan Cedarwood—wildcrafted

Himalayan cedarwood – a powerful source of healing for the mind, emotions and spirit ...appeasing (deep relaxation), sedative (relieves anxiety and stress), elevating, grounding, opening. Great for psychic work, yoga, meditation, and rituals - one of 2 true cedars

Cedarwood has been used in many cultures for its ability to assist reflection, meditation and finding the right answer to difficult problems. Himalayan cedars forest are some of the most majestic forest of the world. Himalayan cedar is often thought to bring clarity, strength, and expansiveness.

Sandalwood and Sandalwood blends (sustainable)

Sandalwood - elevating, grounding, euphoric, calming, relaxing, antidepressant. It is thought to open the 3rd eye and crown chakra and has been used in spiritual practices of Indian and Egyptian traditions since ancient times. Has many uses in Ayurveda and Tibetan healing traditions.

Infused oils and other ingredients

Organic Sesame Oil infused with Wildcrafted Pine Bark and Organic Cardamom.

Pine—appeasing, sedative, warming, cleansing, grounding

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Cardamom—cleansing, stimulates the glandular system and helps energy deficiency, tonic for mental fatigue and strain

Sesame oil—the queen of oils in Ayurveda with a myriad of health benefits.

Golden Jojoba oil, organic—natural vegetable wax, myriad health benefits, does not go rancid

Beeswax, organic—has been used over the millennia and was used in Egyptian and Roman temples. Artifacts of beeswax have survived because of its amazingly long lived qualities.

References

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